

400 km	400000 m
4 km	4000 m
4 hm	40 dam
4 m	4000 mm
4 dm	40 cm
4 cm	0,004 m
4 mm	0,4 cm

$400 \text{ hm}^2$	$400 \text{ ha}$
$4 \text{ km}^2$	$4000000 \text{ m}^2$
$4 \text{ hm}^2$	$400 \text{ dam}^2$
$4 \text{ m}^2$	$4000000 \text{ mm}^2$
$4 \text{ dm}^2$	$400 \text{ cm}^2$
$4 \text{ cm}^2$	$0,00004 \text{ m}^2$
$4 \text{ mm}^2$	$0,04 \text{ cm}^2$